# Tsum Valley Trek

## Itinerary

**Day:** 2: City tour in Kathmandu and trek preparation

**Day:** 3: Drive Kathmandu to Arughat 600m

**Day:** 4: Arughat to Soti Khola 700m

**Day:** 5: Soti Khola to Machha Khola 870m

**Day:** 6: Machha Khola to [illegible]

**Day:** 7: Jagat to [illegible] 1,660m

**Day:** 8: [illegible] to Chumling 2,386m

**Day:** 9: Chumling to Chhokang paro 3,010m

**Day:** 10: Chhokang paro to Nile 3,361m

**Day:** 11: Nile to Mu Gompa 3,700m

**Day:** 12: Mu Gompa sightseeing

**Day:** 13: Mu Gompa to Burgi Village 3,245m

**Day:** 14: Burgi village to Chumling 2,386m

**Day:** 15: Chumling to Philim 1,570m

**Day:** 16: Philim to Khorlabesi 970m

**Day:** 17: Khorlabesi to Soti Khola 700m

**Day:** 18: Soti Khola to Arughat to Kathmandu 600m

**Day:** 19: Extra day in Kathmandu

**Day:** 20: Final departure

[illegible] the Marsyangdi & Trishuli rivers [illegible] Overnight in Kathmandu.

## Includes

- [illegible] weather bad.

## Excludes