



Contact Information

+977 01-4813144, +9779851135348

info@adventureascent.com

Kapan Marg, Kathmandu, Nepal



Druk Path Trek

Bhutan is a trekker's paradise! The scenic landscapes and pristine environment are best experienced through trekking. The trek paths are always lauded with splendid scenic beauty, lofty mountains and deep valleys untouched by modernization. Trekking in this Himalayan kingdom is a wonderful experience for anyone who enjoys hiking and camping in exotic natural habitats, meeting interesting indigenous people and learning their cultures. Only a handful of tourists trek each year and the trails are not crowded as they are in other countries. They are definitely not dotted with teashops and souvenir shops filled with tourists. You are on your own most of the time except for the few local travelers. Come enjoy our mountains and enrich your holidays! Good Season March – June & September – November for high altitude areas. December – February for lower areas. Group Nos: The minimum is normally six and though we are happy to take groups of only one or two, a surcharge will have to be paid as per government regulations. Climate Days are normally warm. Nights can at times be very cold, with winter temperatures often falling to well below freezing (especially on our mountain treks). There can be monsoon showers in summer (heaviest in July, August) and rarely in spring and autumn. What to bring Strong normal clothing (according to season). Preferably, light cotton for summer and woolen clothing for evenings and the winter. A fleece and light jacket is advised. For trekking you need strong, comfortable trekking boots, sun-glasses, lots of spare vests and socks/stockings, headgear and a waterproof jacket. Warm clothing will be required for the evenings and a down jacket is a must for treks in mountain areas. For those going on treks, a warm sleeping bag is a must. (Note: for trekking a load of 25 kg per person is allowed and will be transported on pack ponies, yaks or by porters.) We offer various trekking throughout the year. The treks can range from a simple cultural day trek to the longest 29/36 days Snow Man Trek. We can customize your trek according to your interest.

Price:

Trip Start:

Trip Ends:

Duration: 12 Days

Grade:

Altitude: 3834m

Destination:

Trip Style:

Transport:

Group Size: 1 - 30+

Best Time: March, April, May, August, September, October, November

Itinerary

Day	Title	Description
1	<u>ARRIVE PARO</u>	Arrive at Paro Airport (7,000ft). You will be received at the airport by our representative, who will then take you to the hotel.
2	<u>PARO SIGHTSEEING</u>	A day of acclimatization. Local sightseeing includes visit to Drugyel Dzong, Ta Dzong, which houses the National Museum, and the traditional wooden bridge. Stroll through Paro town.
3	<u>PARO – JELE DZONG</u>	The trek trail is gradual and if the weather is clear the Paro valley can be seen. Altitude – 11,600 ft / 3,536 m. Distance 10 kms.
4	<u>JELE DZONG – JANGCHULAKHA</u>	The trail takes you through thick alpine forests and rhododendron trees. The yaks in winter graze in the pastures around the path and there may be some yaks and yak herders around the campsite. Altitude – 11,900 ft / 3,627 m. Distance – 10 kms.
5	<u>JANGCHULAKHA – JIMILANGTSO</u>	The trail follows the ridge of the mountain and on a clear day one can get a splendid view of the mountains and valleys. Camp is close to the lake of Jimilangtso. These lakes are known for their giant sized trout. Altitude – 12,160 ft / 3,706 m. Distance – 11 kms.
6	<u>JIMILANGTSO – SEMKOTHA</u>	The trail goes through dwarf rhododendron trees and passes by the lake of Janetsho. One may come across some yak herders’ camps and one can see to how they live. Camp is close to Semkotha lake. Altitude – 12,580 ft / 3,834 m. Distance – 11 kms.
7	<u>SEMKOTHA – PHAJODING</u>	The trek begins with a gradual climb and if weather permits one will get a beautiful view of Mount Gangkhar Punsum, the highest mountain in Bhutan and other Himalayan mountains from Doupchula Pass. The path gradually descends till Phajoding, where the monastery and the retreat centers for meditation are located. Overnight in camp. Altitude – 11,600 ft / 3,536 m. Distance – 10 kms.

8 PHAJODING – THIMPHU
The trail to Thimphu goes down hill through the blue pine forests. It takes about 2 -3 hours to reach Thimphu. Evening at leisure. Overnight in hotel. Alt. 8,050 ft / 2,454 m. Distance – 7 – 8 kms.

9 THIMPHU SIGHTSEEING
Visit National Library, School of Thangka Painting, Institute of Traditional Medicine and the Memorial Chorten. Afternoon, visit the Handicraft Emporium.

10 THIMPHU – PARO
Morning at leisure. After lunch, drive to Paro. On the way, visit Simtokha Dzong, the oldest fortress in the country built in 1627 by Shabdrung Ngawang Namgyal, the unifier of Bhutan. Evening walk around the Paro town.

11 PARO EXCURSION TO TAKTSHANG OR DRIVE TO CHELILA PASS
Spend a full day hike to Taktshang, the Tiger’s Nest. This magical monastery clings to a vertical granite cliff 3,000 ft above the valley floor. The monastery unfortunately got burnt in 1998 and has recently been reconstructed.

12 PARO – DEPARTURE
Early breakfast at the hotel and drive to the Paro Airport to board the flight. Your escort from our representative will see you off at the airport.

13 Tashi Delek!