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Kapan Marg, Kathmandu, Nepal



Dhaulagiri Round Trek

Dhaulagiri is the 7th highest mountain in the world which lies north – west of Pokhara. Dhaulagiri is almost unique in the world in terms of its rise above local terrain where it rises to 7000m over the Kali Gandaki gorge to the south east in about 30 km of aerial distance. In fact, Kali Gandaki is dramatic as two eight thousanders, Annapurna I & Dhaulagiri both stand near the river facing each other over a deep valley. The Dhaulagiri Round trek is a challenging, and a real adventure for experienced trekkers who are looking for an expedition-like experience. The trekking adventure, which encounter exceedingly beautiful Hidden Valley allows the trekkers to literally touch the majestic mountain Dhaulagiri at Dhaulagiri Base Camp. The landscape from the high passes and the base camps beat your imagination, as you come to see more and more of this biggest white mountain of Nepal and its surroundings. Sometimes you may also see mountain sheep and the snow leopard on the way. The starting point of the trek is Beni, the district headquarters of Myagdi District. Initially the trekking trail passes through villages of Gurung, Chhetri, and Magar people, where you get to observe their unique culture and lifestyle. It gradually gets tougher as you move to higher elevations. Diverse culture, treading through different types of forests to treeless zone and getting as close as possible to peaks like Dhaulagiri and Dhampus Peak are great highlights of Dhaulagiri Round trek.

Price:

Trip Start:

Trip Ends:

Duration: 23 Days

Grade: Medium Hard

Altitude: 5100m

Destination:

Trip Style:

Transport:

Group Size: 1 - 10+

Best Time: Autumn and Spring Season

Itinerary

Day	Title	Description
1	<u>Wel come to Kathmandu</u>	We will be present there at airport for your convenience to greet you and transfer to your desired hotel. When you have had your time to settle in and freshen up after your long flight.
2	<u>A full day sightseeing tour of Kathmandu, the capital valley</u>	The very next morning, after breakfast you will be taken for a full day sightseeing tour around Kathmandu valley. You can visit center of pilgrimage Pashupatinath Temple and Swyambhunath, very ancient and essentially enlisted in UNESCO World Heritage sites. The biggest Buddhist Stupa at Boudhnath might make you feel calm and peace and the fine arts and historical architecture of Kathmandu Durbar Square takes you to the ancient Nepalese culture. On journey back to hotel, you can explore the local areas, gullies and lifestyle.
3	<u>Kathmandu drive to Pokhara - Beni (850m) 8-9 hours</u>	After having your breakfast, we will drive you to the Domestic Airport to take a 25 minutes flight to Pokhara. During the short flight, you will have majestic views of glorious Manaslu Peaks and the snow capped Annapurna and Langtang Himalaya range. Or you can take a Tourist bus to Pokhara about 6-7 hour drive via scenic Prithivi Highway. From Pokhara take a drive to Beni with the magnificent views of Annapurna Himalayas. Beni is a bustling town on a plateau above the junction of Kali Gandaki and Myagdi rivers.

4 Beni trek to Babiachaur (990m):
Walking distance: 6-7 hours

We start our Dhaulagiri trekking along the Kali Gandaki River from Beni. Continue along the road past lush green rice fields, multicolored butterflies and huge nightmarish spider webs. Pass by the villages of Mangalghat, Singa and Tatopani. Crossing Tara khet, climb over a small ridge to Babiachaur.

5 Babiachaur trek to Dharapani (1565m):
Walking distance: 6-7 hours

Today, our trail crosses the terraced hills; Shahashadhpura village Dudh khola ratorunga village. The river bank at Phedi offers fine picnic spot. Cross the Danya khola on a big suspension bridge and grind up a series of steep switchbacks. Dharapani offers good view of Dhaulagiri IV and V and Gurja Himal.

6 Dharapani trek to Muri (1850m):
Walking distance: 6-7 hours

The path goes steep up to Muri. From here you have the spectacular views of Mt Dhaulagiri and other mountains very closely.

7 Muri trek to Boghara (2080m):
Walking distance: 7-8 hours

From Muri the trail is easy and goes down for few hours. After that you'll have some steep climb path to Boghara.

8 Boghara trek to Dovan (2540m):
Walking distance: 6-7 hours

The trail descends down to a small ridge then crosses forest to Jyordan. Descend a long, steep, slippery stone staircase into a deep bamboo and rhododendron forest to the village of Dovan. Over night stay at the guest house.

9 Dovan trek to Upper Vungini (Italian Base Camp) (3800m):
Walking distance: 6-7 hours

You will reach the Italian Base Camp where you will camp just in front of the West wall of the Dhaulagiri. You'll pass through beautiful forests trail and with the closer views of mountains panorama to Upper vungini which is the Italian Base camp.

10 Italian Base Camp Acclimatization (3800m)

The day is a rest day for the further climbs. You will have little bit of hiking around or some sorts of exercises. Since, we are rapidly gaining altitude, keep yourself hydrated and take it easy.

11

12 Hidden Valley camp (5000m)

This is another rest day to admire the surrounding peaks and perhaps do some exploring in the hidden valley. A hidden snow valley gives you a heavenly taste of white world.

13 Hidden Valley trek to Yak Kharka (4400m): Walking distance: 6-7 hours
After climbing over the 5200m Dhampus Pass, we traverse avalanche prone slopes and then descend steeply to Yak Kharka. The Dhampus Pass between Tukuche peak and Thapa peak is another heaven in the trip.

14 Yak Kharka trek to Marpha (2665m): Walking distance: 6 hours
From Yak Kharka we descend along the flank of the mountain to once again reach civilization. Marpha is the main inhabitants of the ethnic group of Thakalis favorite amongst the trekkers. It has kept its traditional narrow paved alleys and passageways and an extensive drainage system flows under the flagstone paved street.

15 Marpha trek to Ghasa (2000m): Walking distance: 6-7 hours
The next day trail follows the Kaligandaki River through the narrow gorge, passing through traditional Thakali villages. You can visit to the red-roofed Taglung Gompa, on a hillside beside a huge sacred tree. The village of Ghasa marks a cultural and ecological milestone. We spend our night here in Ghasa.

16 Ghasa trek to Tatopani (1180m): Walking distance: 4-5 hours
A lovely day walks along Kaligandaki riverside, gradually ascending with transition into sub tropical vegetation. Very interesting suspension bridges to be crossed which gives you the exciting sense of trekking. Tatopani is famous for natural hot springs – you can have time for a hot Scrub-up.

17 Tatopani trek to Ghorepani (2775m): Walking distance: 6-7 hours
Trail descends steeply through dense moss-covered rhododendron forest with rich bird life. We pass some small villages and walk alongside the Ghaja Khola. It's about 7-8 hours work all the way up to Ghorepani. Ghorepani provides an unobstructed view of sunrise over the high Himalayas.

18 Ghorepani trek to Hille (1495m): Walking distance: 4 hours
Early morning trek up to Poonhill, One of the best Himalayan view points in Nepal Poonhill provides an unobstructed view of sunrise over the high Himalayas. From Poonhill one can enjoy spectacular view of Dhaulagiri I (8167m), Tukuche Peak Nilgiri (6940m), Annapurna South, Annapurna I (8091m), Hiunchuli (6441m) and Tarke Kang (7193m), Gangapurna (7454m), Lamjung Himal (6986m), Mt Fishtail (Machhapuchhare 6997m), Tent Peak and many more High Himalayas. Trek down to Ghorepani and after breakfast start downhill trekking to Hille.

19	<u>Hille to Pokhara:</u> <u>Walking distance: 3 hours and about 1 hour drive</u>	We start our journey to pokhara from Hille (1510m) early morning. The trail follows the main street of Birethanti, winding through the bamboo forests and past waterfalls with plunge pools appealing you for a refreshing swim. From Nayapul you'll have car drive for about 1 and half hour through large village Lumle to Pokhara city.
20	<u>Pokhara to Kathmandu, take a 25 minutes flight or 6-7 hour drive.</u>	You can take a flight or take a drive to Kathmandu. You can have a very relaxing rest in hotel. At the evening you can have your last night in Nepal enjoying the Nepali cultural dinner show exchanging greetings among friends and with all Nepalese people.
21	<u>Final Departure</u>	We will drop you to the International airport to catch your flight back to your onward destination.

Includes

Airport Pick up and transfers to hotel.

All accommodation as BB in 4/5 star hotel. Depending on choices

Welcome & farewell dinner,

Experience professional guide for tour, trekking.

Full insurance, transportation & salary for staff during the trip.

Full board meals on trekking breakfast lunch & dinner.

Properly tea and coffee whatever hot drink available during the trekking.

Transportation from the starting and ending points of the trekking.

All domestic flight tickets

First Aid Kit for staff.

Oxygen gas in case (extra safety)

National park, conservation entry fee and TIM's card or trekking permit whatever needed.

All entrance fees during the sightseeing.

Sleeping bag.

Trekking stick.

Duffel bags (for trekking Luggage).

Excludes

Lunch and dinner in Kathmandu

All hard drinks such as: Mineral water, whisky, rum, cola, fanta, etc.

Any extra cost offering from unfavorable circumstance such as weather bad.

Personal expenses like hot shower and battery charge.

Personal equipment.

Personal equipment.

Tips for trekking staff.